



UNITED WAY
Northeast Florida

Personal Care Packs



Full Service Schools (FSS) of Jacksonville is a neighborhood-based collaboration designed to remove barriers to a child's academic success. Through this initiative, United Way and its partners connect nearly 3,500 students and families to a critical range of therapeutic, health and social services. Each FSS site strives to meet the specific needs of the neighborhood in which it is based by providing a number of free services including:

Behavior help for children ♦ Individual/family counseling ♦ Mentoring ♦ Parenting help ♦ After-school tutoring ♦ Case management ♦ Enrichment activities ♦ Medical/health services ♦ Health care enrollment (they also provide neighborhood grants!)

Increasingly, many children within the 88 schools within the FSS network, in grades kindergarten to high school, are in households that struggle financially and do not have regular access to food and basic hygiene products. As you can imagine, this instability has a big impact on their health and academic success. By providing hygiene kits for students in need, volunteers will help alleviate some of the discomfort and worry that negatively affects their learning, social interactions, and ability to enjoy life as a child should.

What to do:

- **Decorate the paper sack:**
You can use the stencils, markers, images etc. to create decorations that include encouraging phrases, jokes, images--anything you'd like! *It is a good rule of thumb to stay*

away from anything overtly religious as it will be impossible to know the culture and belief system of the student who will receive the snack pack.

Suggested items to decorate with are:

- Positive Images to cut out and glue/glue sticks to adhere to the card
- Stencils, stickers and/or stamps
- Markers, colored pencils or paint

- **In each provided decorated sack, add the following**

- 1 Deodorant
- 1 Comb
- 1 Toothbrush
- 1 Toothpaste
- 1 Washcloth
- 1 Soap
- 1 Shampoo
- 1 Conditioner
- 1 Hand lotion
- 1 Heartfelt Card

- **Decorate the card:**

You can use the stencils, markers, images etc. to create decorations that include encouraging phrases, jokes, images; anything you'd like! It is a good rule of thumb to stay away from anything overtly religious as it will be impossible to know the culture and belief system of the individual who will receive the care bag. The same decorating items as the paper bag can be used for the card.

